

"Soak Up The Sun"

Artist: Cheryl Crow

Album: C'mon C'mon

Choreo: [Rob Middleton](#)

Cold Creek Cloggers, Batawa Ontario Canada, May

2002.

Intro - A- Break - B - Chorus - Intro - Chorus - A - C - Chorus* -
Chorus* - End

Wait 4 beats - start dancing as guitar begins

INTRO

(Turning 1/2 Right to

back)

Potty Step ds dbl(xif) ds(ots) toe(ib) heels Stomp ds ds rs
l r r r both r l r lr

REPEAT TO FRONT

PART A

Loop Step ds loop s(xib) ds loop s(xib)
l r l r

Rocking Chair ds br ds rs (turning 1/2 left on brush)
l r r lr

Clap Singles ds rs ds rs (clap twice on rock steps)
l rl r lr

Triple ds ds ds rs (turning 1/2 left)
l r l rl

Repeat all the above on opposite foot

BREAK

1 Potty Step turning 360 degrees

PART B

Samantha ds ds(xif) dr s(b) dr s(b) rs ds ds rs
l r r l l r lr l r lr

Double Ups ds dbl/up ds dbl/up (turn 1/4 left on each one)
l r l r

Double Basic ds ds rs brush

Brush l r lr l

Repeat Above to Front

CHORUS

Kangaroo ds sl(fwd) rs sl(fwd) rs
l l rl l rl

Triple ds ds ds rs (1/2 Right)
r l r lr

Repeat kangaroo and triple

Canadian Stamps ds dbl hop stamp ds dbl hop stamp
l r l r r l r l

Joey ds b b b b b b
l r l r l r l

Triple (1/2 Right to back)

Fancy Double ds ds rs rs
l r lr lr

REPEAT ALL

INTRO

PART A

PART C

(1st one on the spot, other 4 turn 1/4 left on the

DS)

5 Mountain Goats ds s(xif) s(ots) s(ots) s(ots) s(xib) b/slide
l r l r l r r

CHORUS* - after joey, triple 1/4 right)

CHORUS* - after jockey, triple 1/4 right)
ENDING
 Kangaroo ds sl(fwd) rs sl(fwd) rs
 l l rl l rl
 Triple ds ds ds rs
 r l r lr
 Repeat Kangaroo and Triple
 Canadian Stamps ds dbl hop stamp ds dbl hop stamp
 l r l r r l r l
 Joey and a step ds b b b b b b step
 l r l r l r l r

[return to Soak](#)